



College of Engineering

Contract for Student Success

PART A. PERSONAL INFORMATION

Name: _____

UK ID #: _____ Cell Phone #: _____ Advisor: _____ Date: _____

PART B. EVALUATION

Think about the barriers that contributed to you unsuccessfully meeting the College of Engineering's academic standards. What were the obstacles that made academic success difficult for you? Check all that apply.

Study Habits

- Did not know how to study effectively
- Did not review notes within 24-48 hours
- Poor time management
- Did not follow a 40-hour school "work" week schedule
- Too many absences
- Suffered from test anxiety
- Was not organized
- Procrastinated too much
- Too heavy a course load
- Did not keep up with reading the textbook(s)
- Poor note taking skills
- Did not feel prepared enough for the exams
- Did not seek help from my instructor(s)
- Only studied alone/not with a study group
- Unable to understand course materials
- Last-minute studying (3-6 days before exam)
- Did not buy books for class
- Did not participate or pay attention in class
- Did not use time between classes effectively
- Missed one or more exams or quizzes
- Studied long and hard and still did not do well
- Difficulties with spoken/written English
- Other (explain): _____

Career/Major Issues

- Unsure about Engineering/clear career goals
- In general, unsure of interests, skills, abilities
- Feeling Engineering courses are too much pressure
- Other (explain): _____

Family/Social Adjustment

- Adjustment to college
- Housing or roommate issues
- Home or family obligation problems
- Trouble making friends
- Trouble connecting to other engineering students
- Adjustment to being out-of-state
- Adjustment to UK (newly transferred student)
- Too involved in a sorority or fraternity
- Adjustment to being out of country/new culture
- Adjustment to new culture
- Other (explain): _____

Personal Issues

- Working too much (# hours/week: _____)
- Financial difficulties
- Physical illness, health problems, injury
- Use of alcohol or other substance abuse
- Became frustrated about my performance and gave up
- Too much time on the computer, phone, Facebook, social-networking, etc.
- Lack of motivation, boredom
- Loneliness, lack of emotional control
- Cannot find meaning in anything
- Pressure, stress, tension, anxiety
- Unable to balance work and school
- Conflicts with social obligations/activities
- Often did not get enough sleep
- Unaware of available support services
- Experiencing difficulties with US Immigration/Govt.
- Other (explain): _____

After reviewing the obstacles you selected, please list below the top 3 that bothered you the most:

1. _____ 2. _____ 3. _____

PART C. GOALS & ACTION PLAN

What is your goal for this semester's GPA? _____

What is your current semester GPA? _____

Course	Grade Needed to Reach Semester GPA Goal	First Major Grade in Class	Midterm Grade in Class

GPA Calculator: <http://www.uky.edu/registrar/GPAcalc.htm>

To achieve my GPA goal, I commit to taking the following action steps this semester (based off top 3 obstacles):

Action Step	Begin Date	Which Obstacle(s) Will This Action Step Address?
1.		
2.		
3.		

PART D. ADDITIONAL ADVISOR RECOMMENDATIONS

See *Campus Success Resource* handout for descriptions of/contact information for each resource.

Academic/Tutoring Assistance

- The Study
- eStudio (Tau Beta Pi, Presentation U)
- Mathskeller
- Chemistry Learning Center
- Physics Learning Center
- Writing Center
- Academic Coach
- Private Tutor
- Paul's Online Math Notes
- Kim Woodrum's General Chemistry 1 YouTube Videos
- Professor Leonard's Calculus YouTube Videos
- Other: _____

Personal Assistance

- Financial Wellness
- Counseling Center
- Disability Resource Center
- Big Blue Pantry
- Other: _____

Major Exploration

- Student Success Advisor
- Engineering Career Development
- Stuckert Career Center
- Other: _____

To complete with advisor at subsequent meetings (if applicable):

Resource	Date(s) Used	Did It Help?	Why/Why Not?
1.		<input type="checkbox"/> Yes <input type="checkbox"/> No	
2.		<input type="checkbox"/> Yes <input type="checkbox"/> No	
3.		<input type="checkbox"/> Yes <input type="checkbox"/> No	

PART E. CONTRACT TERMS

- I understand I am on academic probation. Therefore, I could be suspended from UK if I have a semester GPA of less than 2.0 while on probation OR I have three consecutive semesters in which my cumulative GPA remains below a 2.0.
- I received a written copy of UK's probation and suspension rules from the Associate Dean's office, reviewed it with my academic advisor, and understand how these rules will affect me.
- I understand I cannot enroll in more than 15 hours this semester.
- In consultation with my academic advisor, I have identified particular action steps I should take this semester to enhance my chances for academic success. I understand if I choose not to follow these action steps, I will greatly reduce my chances for academic success.
- Research shows that early advising meetings during the probationary semester are strongly correlated with improved academic results. Now that I have met with my academic advisor and worked through this contract:
 - I commit to continue meeting with my academic advisor regularly at the following interval to discuss my progress this semester: _____
 - Against the recommendations of my academic advisor and the Associate Dean of the College of Engineering, I choose not to hold regular meetings with my academic advisor to monitor my progress. This decision is completely voluntary on my part and I acknowledge that it puts my academic status at risk. I also accept full responsibility for any possible academic consequences resulting from this decision, up to and including academic suspension from the University of Kentucky. *Student Initials:* _____

Student Signature

Date

Academic Advisor Signature

Date

PART F. MEETING NOTES

Meeting #1

Date/Time: _____

Student Initials: _____

Advisor Initials: _____

Notes

Meeting #2 (if applicable)

Date/Time: _____

Student Initials: _____

Advisor Initials: _____

Notes

Meeting #3 (if applicable)

Date/Time: _____

Student Initials: _____

Advisor Initials: _____

Notes